



July 28th - Sept 12

# YOUTH FLAG FOOTBALL

In Partnership with Bloomington-Normal YMCA



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

We are happy to announce the partnership of the Bloomington-Normal YMCA and the Bloomington Knockers for a new Flag Football League. This league will be a place for everyone to grow, learn, and have a great experience with the game of football. Our organizations have a shared history and mission providing young athletes a community-centric approach to teaching life lessons through sports.

## QUESTIONS?

**Brian Segobiano**  
League Director  
Bloomington Knockers

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**Brad Ruehrdanz**  
Sports/Wellness Director  
Bloomington-Normal YMCA

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[www.bnymca.org](http://www.bnymca.org)

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## Program is 8 weeks of practice with 6 Saturdays of games.

**Registration:** Register on-line @ [bnymca.org](http://bnymca.org)  
or visit us at the YMCA

**Cost:** \$125, Includes Shorts and Uniform Shirt  
*Financial Assistance available through  
the YMCA for those that qualify*

**Ages:** K - 4th graders and co-ed Athletes  
Players will be pre-assigned to a  
dedicated team/coach for the season.

*Registrants can request their coach  
teammates when registering or be assigned one.*

**Practices:** Practice starts 5:30pm, Tuesday July 28th.  
practices @ 5:30pm Tuesday's & Thursday's

**Games:** All games take place Saturday mornings

**Locations:** All practices & games will be at  
Knocker Field at White Oak Park  
1514 Cottage Ave, Bloomington, IL 61701